The Pulse: The Voice of Medical Partners



I hope you are all enjoying this warmer Winter! We have had a busy end of year with our NICU service project in full swing! Thank you to all who have donated items, funds, time, or anything to make these families have a happier and hopeful Holiday. We have had generous donations not only from our members, but from around the world- including Canada and Australia! We have brought in \$1,700 so far through our fundraiser site, all of which will be used to finish the bags and buy gift cards to gas stations for families that travel to UIHC from far away. We will also use the money for hospital cafeteria gift cards, we all know how expensive eating at the hospital can be! We hope this can help ease the burden of the piling medical bills these families are currently experiencing with a tiny one in the hospital.

As we move on to a new year, we have lots to look forward to. Make sure to mark your calendars to join us at our 2nd Annual Winter Gala, "All That Glitters" on Saturday, February 21st. You will be receiving an invitation in the mail in January with more details, but in the meantime look through your closets or trade your friends and find something fancy to wear for a date night out! We can't wait to tell you about the food and entertainment this year!

We of course have some fun things planned for the kids as well. Heading out to Playgroup is a great way to stay connected with friends during the cold winter months. There will also be a Valentine's Day Children's Activity to look forward to! And, with your busy schedules try to make time to unwind and join us for a couple of Spouses out Socializing and Entertainment Club events.

Hope to see you out and about at our activities during these busy winter months. Have a happy and safe holiday season!

Tundi's Realtor Roundup

Tundi Brady, Medical Partners Alumni, is the Medical Partners exclusive real estate sponsor.

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Happy holidays to all of you! As we celebrate and look forward to the new year, I have begun preparing for the 2nd Annual Medical Partners "Sips, Snacks and Sell (or Buy) Your Home" Event. It is tentatively scheduled for Saturday, January 17th at 6:30pm at the Children's Museum. Playologists will once again be on hand to play with children who are at least 4 years old. I will be joined by a mortgage loan officer from UICCU and we are going to demystify what goes into a purchase agreement, so you do not want to miss this. Knowledge is power. Remember, when buying a home, you are the realtor's and bank's customer. We are there to serve you, but you want to understand that contract you are signing! Look for more details in the MP blog and an invitation that will be coming soon. Enjoy the season and see you in the New Year!

Tundi Brady, Medical Partners Alumni, is the Medical Partners exclusive real estate sponsor.

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Book Club

January 6th - Tuesday - 6:30

"Mortom" by Erik Therme

Local author, Erik Therme, will be joining us at book club to discuss his book "Mortom". Missa Uhlman is hosting. Bring a snack to share. Copies of the book are available at the North Liberty library.

February 18th - Wednesday 10:00AM

"Last Resort" by Douglas Rogers

A favorite book of our MP member Brenton Burger. We'll discuss at Brenton's home.

Happy Reading!

Philanthropy

January 25th - Salvation Army

"Doing The Most Good." In these four words, our mission - to feed, to clothe, to comfort, and to care. To rebuild broken homes and broken lives. By walking with the addicted, we can lead them to recovery. In fighting hunger and poverty, we can feed and nurture the spirit. Did you know that the Salvation Army serves dinner 364 nights a year? Volunteers are needed daily and you have the opportunity to sign up today!

What: Serving lunch at Salvation Army

When: Sunday, January 25th

Where: 1116 Gilbert Court, Iowa City, IA.

Time: 12-2 PM

*Look for an evite to sign up

February 21st - Winter Gala

Are you as excited about the 2015 Winter Gala as we are?! If you would like to be more involved, we could use your help to set up the day of the event.

What: Volunteer to set up for the Winter Gala

When: Saturday, February 21st

Where: 980 North Front Street, North Liberty, IA

Time: TBD

*Look for an evite to sign up



Entertainment Club

January 18th - Sunday - 12:00

Iowa River Power Restaurant - Brunch (SOS & Entertainment Club) - 501 1st Ave. Coralville Join us for a fun outing which includes a delicious brunch and great company! Due to cost, we have to put a cap on the number of people who can come (20). This will be for IMP members only (sorry, no spouses). Cost \$10 per person.

February 25th - Wednesday - 7:00 PM

Atlas - 127 Iowa Ave. Iowa City

Come out for a fun night of hanging out with other IMP members and yummy appetizers. Bring your spouse/significant other or come solo. See you there!

March 26th - Thursday - 7:00 PM

The Vine Tavern – 39 2nd St. Coralville Join us for a fun night out eating delicious appetizers while socializing with other IMP members! Medical Partners covers the cost of the appetizers, so drinks will be on you. Bring your spouse/significant other, or come solo.



January 18th - Sunday - 12:00

Iowa River Power Restaurant - Brunch (SOS & Entertainment Club) - 501 1st Ave Coralville Limited space available to the first 20 members to RSVP. Out of pocket cost will be around \$10. This event will be open to IMP members only.

February 16th - Monday - 7:00 PM

Mani-Pedi Night at Sarah's

To get ready to dance the night away at the Gala, we will be having a mani-pedi night at Sarah's house

March 10th - Tuesday - 6:00 PM

Cooking Class at New Pioneer Co-Op Join us for a cooking class at Coralville's New Pioneer Co-Op. We will be learning how to make Middle Eastern Favorites, yum!

April 9th - Thursday - 7:00 PM

Bowling at Colonial Lanes in Iowa City Significant others are welcome to play too.

Children's Activity

January 7th - Wednesday - 10:30

Join us at Synergy Gymnastics and let the kids burn some energy at the open gym! There will be a very small fee per child for this event. Look for details in the Evite!

February 10th - Tuesday - 10:00-11:30

We will be making Valentines crafts at the Coralville Library! Come anytime between 10 and 11:30!

March - TBD

In March we are touring the Coralville Fire Station again! This event can only be scheduled a few weeks out so stay posted for this one!



Play Group

January 6th - Tuesday - 9:30-11:00

Scanlon Gym - 2701 Bradford Dr. Iowa City Bring your kids to play on the bounce houses, slides and trikes! Cost is \$1.50 per child.

January 23rd - Friday - 9:30-11:00

Scanlon Gym- 2701 Bradford Dr. Iowa City Bring your kids to play on the bounce houses, slides and trikes! Cost is \$1.50 per child.

February 4th - Wednesday - 10:30-noon

Becky Anderson's house - 935 W. Zeller St. North Liberty

February 17th - Tuesday - 10:30

Coralville Public Library - 1401 5th St. Coralville Join us for preschool story time.

March 5th - Thursday - 10:15

Coralville Public Library – 1401 5th St. Coralville Come for storytime and stay to play at the library.

A Big Thank You to Our NICU Donors

Our NICU project is almost ready to be delivered to the families at the hospital. We would not be able to do any of this without you and your donations of time and items for the bags. We also have had some amazing business who have donated items for the families. If you are in the market for any baby items or mommy items you should check out these shops.

4moms Boppy **Bumbo**

Minky Couture Hv-Vee

Southern Charm Quilts

Savvy Chevy's Balboa Baby **Bamboobies Ruffled Paper Knitpicky Beanies** Shalari Cotoure **Hopi Little Ones Green Sailboat**

Brooke Romriell

Tara Lynn's Our Mason's Jar Gertie & Baxter 2 Chicks & a Cause

Yellow Blue Bag Foxy Vida **Ordinary Artists Boy Howdy Clothing**

Sticky Bellies **Bubs & Bits** IE Designs

Kids Unique Boutique Picket Fence Creation

Rivers Room

Little Painted Polka Dots Emilias Luxe Linens

Nena & Co.

Home State Apparel

The Sunny Path Kishu Baby

First Love Threads Sewing for Sunshine

Olivia & Jane Raising Royale SewAmelie

Made4U Handmade **Lil Emerald Boutique**

Sound Baby

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Philanthropy

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Don't forget to check out our website for the latest info!

<u> http://www.iowamedicalpartners.org</u>

Iowa Medical Partners would like to thank all of the community businesses and programs that support our resident families--in particular, North Star Resource Group, the University of Iowa Community Credit Union, State Farm Insurance Agent Chad Burtch, and Tundi Brady, Realtor, for their years of dedication and support to Iowa Medical Partners. We thank you!









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