**Congratulations on Matching at the University of Iowa!**

The transition from medical school to residency is exciting, but stressful! As a network of University of Iowa resident’s spouses and significant others, members of Iowa Medical Partners have been through all of this and have survived! We know the area, and have contacts and relationships with area businesses and services. We can help you cross off the items on your to-do list. Whether you’re the breadwinner of the relationship or you stay home with the kids, Iowa Medical Partners can be your one-stop resource to gaining the information, support, and stress relief you’ll need now and throughout this new journey.

For the best resources in the area including lists of service providers and homes for sale, and upcoming Iowa Medical Partner events, check out our informational website at [www.iowamedicalpartners.com](http://www.iowamedicalpartners.com), made especially for individuals and families starting residency or fellowship.

To be directed to all real estate listings on our website, visit [www.iowamedicalpartners.com/realestate](http://www.iowamedicalpartners.com/housing)

For a directory of the best of the best businesses in Iowa City and surrounding areas, visit [www.iowamedicalpartners.com/directory](http://www.iowamedicalpartners.com/directory)

We invite you to join our group! For over 70 years, Iowa Medical Partners has existed as a nonprofit organization for the spouses/partners of the physicians and dentists in training in the Iowa City area. The primary goal of Iowa Medical Partners has been to serve and support the families of residents and fellows through our many interest groups, social functions, and philanthropy. With a busy spouse, a network of other people in similar situations can be vital to your emotional and social well-being. Past activities have included the yearly welcome brunch, family picnic, monthly children's activities ( Apple Orchard, Halloween Party, Easter Egg Hunt), playgroups, movie nights, an all paid for Winter Dinner date night with your significant other, and more! Also, If you sign up before July 1st, you will be assigned a “Match Partner” who will be your go-to person with any specific questions or concerns you may have about transitioning to Iowa.

Go to our website and click “Join Today!” to sign up and pay your annual dues (only $40- this includes your T-shirt!). We look forward to you joining us for many great events! For more information about Iowa Medical Partners, or really anything you need to know for your transition to the area, please let us know—we’re here to help! Email iowamedicalpartners@gmail.com and we’ll respond as quickly as possible by email or phone. We hope to see you at our next Iowa Medical Partners activity!

Ali Holt, President

Iowa Medical Partners

“Because Sometimes the Best Medicine is Friendship”